

Everyone isn't straight, gay or lying. Some of us really are bisexual. We're not being greedy, confused, trendy, immature, or spreading diseases. We aren't insisting there can be only two genders. We aren't half gay and half straight. We're not attracted to everyone and we don't have to have had sex to know we're bi.

While we might have preferences in our attractions we don't rule out people based on their gender. So when we say we're bisexual, we are not lying.

The definition is easy - it's the prejudice that's hard.

The Bisexual Index fight biphobia challenge invisibility bisexualindex.org.uk